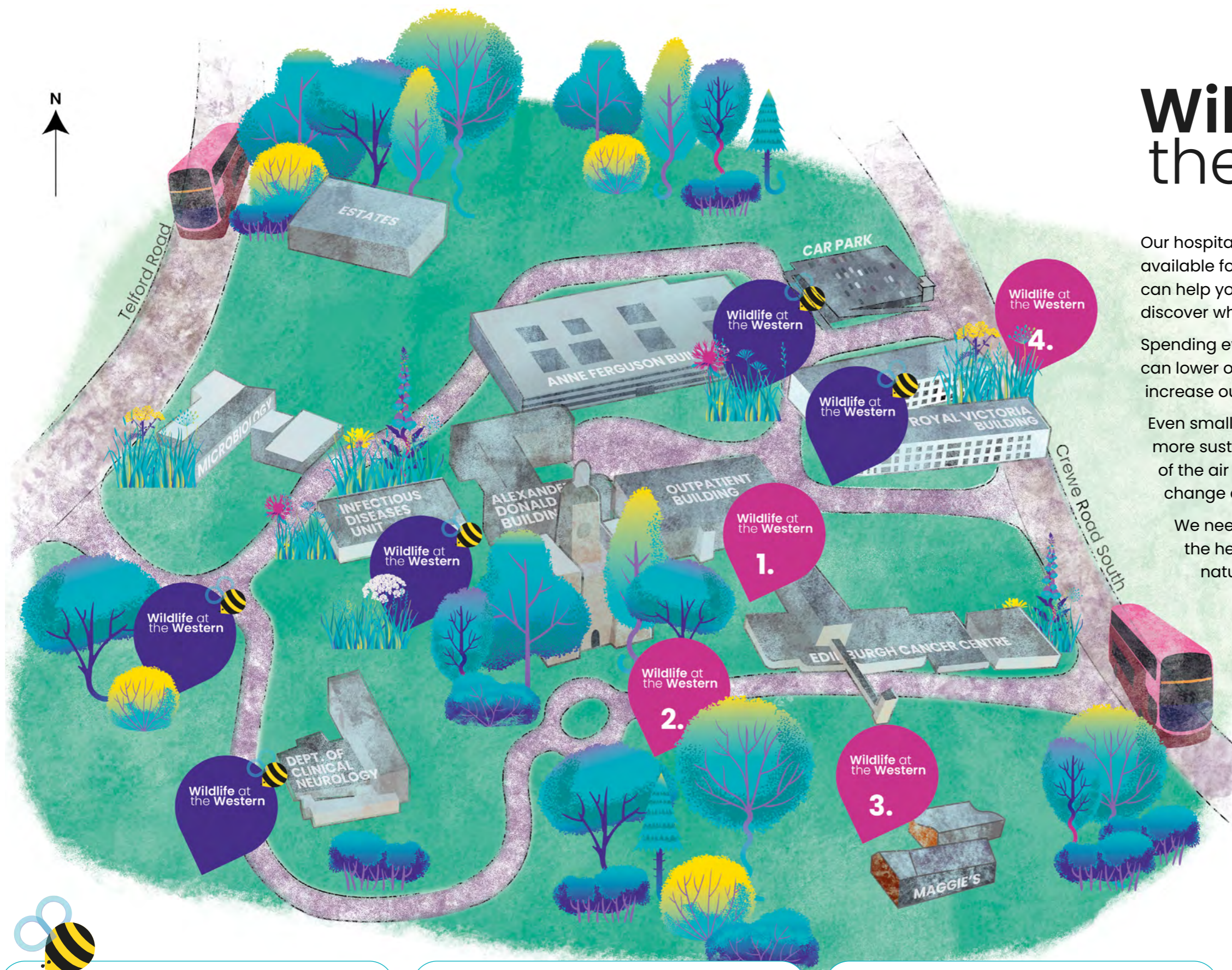




Wildlife at the Western



Our hospital has different kinds of greenspaces that are available for patients, visitors and staff to use. This map can help you find some of them but there are lots more to discover when you start looking.

Spending even ten minutes outside in one of these gardens can lower our stress levels, boost our immunity and increase our focus.

Even small spaces help to make our cities greener and more sustainable places to live. Trees improve the quality of the air we breathe, reduce the impact of climate change and provide a vital habitat for wildlife.

We need nature as our neighbour for our health and for the health of the planet. If we nurture nature it will look after us too.

Go explore! For more information follow the link



Pollinator patches

Our Grounds and Gardens team have planted these patches with native wildflowers to attract bees and butterflies. These insects transport pollen to make seeds that grow the food we eat. One third of our crops depend on pollinators so it is vital we create more habitats for them.

1. The FACE Garden

Created by a dedicated group of volunteers from the 'Fighting Against Cancer Edinburgh' this garden provides a place to breathe just a stone's throw from the busy outpatient services. The water feature and natural planting create a soothing environment and food for birds and bees. It is a place to stop and rest.

2. Amanda's Garden

This peaceful contemplative garden is surrounded by mature trees and is a haven from the hustle and bustle of the hospital. With lots of seating it is an ideal place to take a break surrounded by nature in a calm and tranquil environment. The trees here help absorb carbon, clean the air and create homes for wildlife.

3. Maggie's Garden

The friendly welcoming garden at the Edinburgh Maggie's centre is open to all and is full of colour year-round. The sculpture by George Rickey sways in the wind to look like the movements in Tai Chi. The garden is an extension of the kitchen table to allow people to sit outside and connect with each other.

4. Royal Victoria Building Garden

This garden in the heart of the Royal Victoria Building is for patients and staff using the six medicine for the elderly wards. It overflows with ox-eye daisies in the summer months. Important pollinators like bees, butterflies, moths and insects love these large wild flowers. They also provide food for caterpillars and seeds for birds.