

Annex 8. Priorities for action

A: To provide leadership, coordination and support for green health activities across Edinburgh and the Lothians

This requires political will and strategic support, knowledge and intelligence, resources (people, financial), changes in culture, processes and practice

Ref	Action	Link to other objectives	Timescale
A1	Appoint a Green Health Programme Manager/Coordinator(s) to lead and coordinate delivery of the strategy working with NHS, Councils and key delivery partners <i>– based within EHLF to enable to work more effectively across key partner hierarchies</i>		2019
A2	Establish a Green Health Board/Sub-Group to advise, support, coordinate and resource green health activities and groups across Lothians <i>– to achieve more joined up and coordinated approach, with integration of services, more effective and efficient delivery, and extended reach</i>		2019
A3	Encourage the appointment of a green health champion on NHS Lothian Board <i>– to ensure actions identified in strategy are actioned and to send a strong signal (internally and externally) about the importance and contribution of green health activities</i>	E	2019
A4	Recruit at least one health centre/surgery to pioneer a comprehensive green health signposting and referral service		2019
A5	Continue to update, expand and maintain the green health activity GIS map	C	2019-2022
A6	Hold an annual forum to share practice amongst current (and potential) green health providers		2019-2022

B: To design and manage the NHS outdoor estate as a health promoting environment and community green health asset

This requires infrastructure, information, knowledge, skills, resources (people, financial), changes in culture, processes and practice

<i>Ref</i>	<i>Action</i>	<i>Link to other objectives</i>	<i>Timescale</i>
B1	Encourage a green health champion for each site (or group of sites)		2019
B2	Join the Edinburgh Living Landscapes Partnership		2019
B3	Include greenspace data in Property Asset Management System (PAMS) reports		2019-2022
B4	Prepare a greenspace management plan for each NHS site – <i>with the aim to have secured at least one Green Flag Award within 3 years</i>		2019-2022
B5	Add value by making best use of internal courtyards and ward gardens (This includes unlocking courtyard doors and removing 'no entry' signs, as well as enhancing appearance, management and use) - <i>explore opportunities to 'contract' third sector partners to manage and maintain ward and courtyard greening programme (supporting and training staff and patients to build skills and capacity)</i>		2019-2022
B6	<i>For new developments and refurbishments, ensure good quality functional greenspace design is written into specifications and procurement processes for new build hospitals and refurbishment programmes; adopt a landscape master plan approach, with integrated therapeutic design, for both inside and outside environments</i>		2019-2022

B1: To support the development of green health activities across the NHS estate (and adjacent community greenspaces)

This requires collaborative working, senior-level support, resources (people, financial), changes in culture, processes and practice

<i>Ref</i>	<i>Action</i>	<i>Link to other objectives</i>	<i>Timescale</i>
B1.1	Create a Green Health Coordinator role at key hospitals - <i>evidence from projects indicates that an on-site presence is required to build links, trust and working relationship with NHS medical staff. Role could be performed by NHS or third sector partner, working to a partnership programme which facilitates involvement of a range of relevant delivery partners to identify and action opportunities as determined by key focus for each site</i>		2019-2022
B1.2	Prepare a Green Health action plan for key sites		2019-2022
B1.3	EHLF grant funding – provide short-term funding for new initiatives and pilot projects, together with multi-year funding commitments to consolidate and support projects and activities with proven track record of delivery and impact [anchor green health providers]		2019-2022

B1.4	See also <u>site-specific actions</u> - these include:		
	Feasibility study for development of new community/therapeutic garden at St John's Hospital – either to rear of hospital or within Howden Park		2019
	Ensure adequate provision is made for Artlink and other users of the Glasshouses in future development phases at the Royal Edinburgh Hospital		2019-2020
	Feasibility study for development of temporary community/therapeutic garden at the Astley Ainsley Hospital (in the walled garden) using movable growing modules		2019
	Ensure relocation of FACE Garden at the Western General Hospital is included in redevelopment brief/specification		2020-

B2: To encourage and support greater use of the NHS estate by patients, staff and visitors

This requires senior-level support, resources (people, financial), changes in culture, processes and practice

Ref	Action	Link to other objectives	Timescale
B2.1	Replace missing signposts and waymarks on existing walking route/trails within hospital grounds		2019
B2.2	Raise awareness of Ramblers Medal routes at each hospital		2020
B2.3	Install map boards and improved signage and waymarking showing on-site walking routes and links to local area	B3, B4	2020
B2.4	Provide appropriate outdoor seating and shelters		2020-2022
B2.5	Promote culture and behaviour change programmes to encourage staff to get outside on breaks and use active travel options for their commute		2019-2022
B2.6	Support Green Health hospital mini-rangers to support staff and patients in management of courtyards and ward gardens, and accompany patients (and staff) on off-ward green health activities	B, B1	2020

B3: To facilitate and enable increased use of the NHS estate by local communities*This requires senior-level support, work with external partners and stakeholders, resources (people, financial), changes in practice*

<i>Ref</i>	<i>Action</i>	<i>Link to other objectives</i>	<i>Timescale</i>
B3.1	More welcoming, outward facing signage to encourage public use of NHS grounds		2020-2022
B3.2	Investigate with Inspiring Scotland and local Councils the potential to locate outdoor children's nurseries at some sites		2019

B4: To develop connections between the NHS estate and community greenspaces*This requires senior-level support, work with external partners and stakeholders, resources (people, financial), changes in practice*

<i>Ref</i>	<i>Action</i>	<i>Link to other objectives</i>	<i>Timescale</i>
B4.1	Add NHS sites to the Edinburgh InnerTube Map to support/encourage active travel planning http://www.innertubemap.com/		2019
B4.2	Explore with Council Access, Greenspace and Planning Officers how the NHS estate can contribute to the local green network	D	2020
B4.3	Improve access infrastructure for pedestrians and cyclists – including access points and signage to adjacent greenspaces and off-road routes	B3	2020-2022

C: To increase availability of information about green health activities and services*This requires senior-level support, work with external partners and stakeholders, information & intelligence, resources (people, financial), changes in practice*

<i>Ref</i>	<i>Action</i>	<i>Link to other objectives</i>	<i>Timescale</i>
C1	Provide information about current green health activities and services via ALISS (A Local Information System for Scotland) https://www.aliss.org/		2019
C2	Support local use of the Physical Activity Pathway by providing up-to-date information on current green health activities and services http://www.healthscotland.scot/health-topics/physical-activity/national-physical-activity-pathway		2019
C3	Signposting and referral – establish an information and referral system that is effective and efficient - key to scaling up and mainstreaming the use of green health interventions is finding practical ways to enable health practitioners to make use of the services available in the area		2020

D: To encourage and support partnership working on a ‘natural health service’ approach to wider greenspace development and management

This requires political will, work with external partners and stakeholders, resources (people, financial), changes in practice, processes and culture

<i>Ref</i>	<i>Action</i>	<i>Link to other objectives</i>	<i>Timescale</i>
D1	Present the strategic framework to the four Councils and Health & Social Care Partnerships	E1	2019
D2	Seek opportunities for alignment of priorities, resourcing and action (including partnership projects) - for example, a ‘natural health service’ strand in open space strategies and locality plans, prioritising greenspace access and quality improvement in more deprived areas; joint investment in projects and activities	E3	2019-2022
D3	Use the logic models to develop a common outcomes monitoring and evaluation framework for all EHLF (and partner) funding projects		2019

E: To inform and influence the policies, resourcing and practice of other organisations

This requires political will and strategic influence, collaborative work with external partners and stakeholders, resources (people)

<i>Ref</i>	<i>Action</i>	<i>Link to other objectives</i>	<i>Timescale</i>
E1	Present the strategic framework to the four Councils and Health & Social Care Partnerships	D1	2019
E2	Contribute to the development of strategies and plans		2019-2022
E3	Seek opportunities for alignment of priorities, resourcing and action – including external investment and match-funding for greenspace and green health programme	D2	2019-2022
E4	Lead by example in implementation of strategic framework and sharing learning and outcomes		2019-2022